





2 National Congress Climate Change and Health

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Poster Writing Instructions

If your submitted abstract has been accepted as a poster, please follow the instructions below:

- 1. **Download the poster template** and insert your information into it. The dimensions have already been set.
- 2. After inserting your content, save the file as a JPEG. To do this, go to: File > Export > Change File Type > JPEG File Interchange Format (*.jpg) > Save As (as shown in the image below). If prompted with a question, choose "Just This One."
- 3. **In your user dashboard**, go to the *My Submissions* section. Click on *Edit* next to the relevant abstract, scroll to the bottom of the page, and upload the JPEG file you prepared in the *Electronic Poster* section. Then click **Submit**.
- 4. Your file will be reviewed by the organizing team, and the result will be sent to you via email and SMS.
- 5. **Accepted posters will be displayed** as electronic posters on digital displays during the congress.

Some help:

- Minimum text size: 34
- Best font size: more than 44
- If you want your poster to be more professional, use less text and more images, graphs and colors in each part of your poster.
 It is your CREATIVITY!